

WINTER 2014

LEGACY



WA NEWSLETTER

PATRON: HIS EXCELLENCY MALCOLM MCCUSKER AC CVO QC, GOVERNOR OF WESTERN AUSTRALIA



Entitled DVA Clients

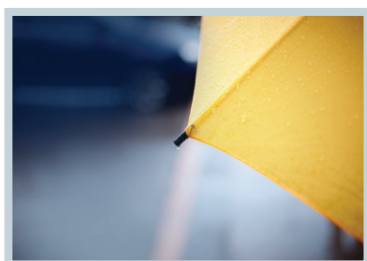
- Entitled Department of Veterans' Affairs (DVA) clients may be referred for clinically necessary Exercise Physiology treatment by their General Practitioner on a valid D904 referral form.

THE DVA PAYS FOR CLINICALLY NECESSARY TREATMENT

- Increase mobility and balance
- Reduce and manage age related illness
- Assist with the management of chronic health conditions, lower back pain, cardiovascular disease, arthritis & diabetes
- And the list goes on ...

GET STARTED TODAY!





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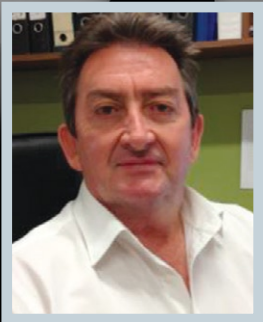
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CEO's Message

The other day an unknown gentleman walked into the Legacy House Reception and donated \$9,000, in cash, wishing to remain anonymous. He did the same two years ago and he simply said he wishes to repay Legacy with kindness for looking after someone he knows well.

Recently, in the mail, we received a cheque for \$10,000 making the final total of the 6PR Legacy Family Connect campaign \$60,500. The new Legacy WAFC Commercial has aired on the big screen at Paterson's Stadium during the Docker's game and will be aired at all the other games during the season.

6PR radio presented Gary Adshead features in the commercial. The response to the 6PR Legacy Family Connect launch has been outstanding with the wider community embracing the core value of "keeping the promise to care for our widows, families and children."

To coincide with the launch of Legacy Family Connect our new Legacy WA website, www.legacywa.com.au, went live. This is a work in progress as we are still uploading information onto the website. It is wonderful to see our corporate sponsor's logos on the home page. We are grateful for their support for Legacy Family Connect.

Legacy is giving away more in grants to those in need than ever before. Our fundraising is generating more than ever before. Our awareness is greater than for some many years. I have a chart in my office which plots the financial turnaround of the organisation in the past 14 months and compares the past 5 year's performance.

If you believe Legacy is just not the same, you are right, and I welcome you to come into my office and have a coffee and I will share with you the great progress of this wonderful organisation.

Glenn Weiland
CEO



Fremantle President's Message

The year 2013 - 2014 for the Legacy Club of Fremantle has been a challenging one and on Tuesday the 10th of June the Club had its Annual General Meeting. I re-stood for President and was re-elected; no surprise there as no one wanted to take the position on. As is the norm lately in clubs, to fill the upper positions in committees is getting harder. Don't get me wrong, I enjoyed my time last year and if that's any indication I should enjoy my time this upcoming year.

For those that do not know, the following is your Fremantle Board of Management:

President – Mark Stevens

Vice Presidents – Glenn Ridgwell and Arthur Peters as the junior vice

Secretary – Ric Payne

Treasurer – Alan Leivers

Sergeant at arms – Keven Bovill

Hon Auditor – Michael Babich, who we are also requesting to take on the Laurel club auditor
Also on the BOM are Legatee's Bob White, Ken Riley, Pauline Hardidge and Peter Riseley

The following were appointed to positions within our club at the AGM and ratified by the members:

Laurel Club Liaison Officer (LO) – Alan Leivers

Pensions Committee – Ric Payne, Liz Funnell, Kevin Bovill and Wendy Gray

Special Aid – Alan Leivers

Initial Contact Supervisor – Ric Payne

Legatee's Welfare Officer – Glenn Ridgwell

Education Officer – Bob White

House Maintenance Officers – Glenn Ridgwell and Alan Leivers

Legacy on Geography LO – Pauline Hardidge

Junior Legatee LO – Ken Riley

Public Relations / Fundraising – Mike Church, Geoffrey Leach and Steve Grady

The Legacy Australia Council Representative is Perth Legacy President Ray Ward who represents both Fremantle and Perth Clubs at meetings in the east.

As you can see there are some familiar names and some new names on the Board. I would like to thank those members that stood for reelection and those that stepped up and took on a new role. I would also like to thank both Glenn Weiland and Ray Ward, who were our guests from Perth Club at the AGM, for their support over the past year.

As last year's President I submitted a draft paper to the Board on areas that I thought needed improving. Since then events have overtaken that paper, forcing a relook and rethink by the Board and I.

The first challenge that faced us when I took office was the number of active Legatees only totaling 21. I set out to try and turn that around. Luckily, with the help of National and State marketing and the Centenary of Remembrance just around the corner, we had 11 enquires about joining Legacy. Of that, six joined, three did not return after the first meeting, and two wanted to join but as of yet have not, although they have stayed in contact. The new Legatees have taken the pressure off the Club but we are not out of trouble yet. Another 10 to 20 Legatees would be a comfortable number within our Club.

Another challenge that faced the club was the building. The building is not being used to its fullest potential; the upstairs is unusable due to it not having a fire escape. Also, a number of maintenance issues are starting to be raised due to the age of the building. I put a motion at the meeting to look into and plan a renovation and repair program. It was accepted and the first step was taken by L/Bovill who contacted a structural engineer. He visited the club and is drafting a report on what he saw and the building plans. I see this project taking over 12 months before we can start any works, if we do go ahead.

The final major challenge was the finances. It behooves us as a Club to find a regular source of income with help from Perth. This is our main priority following the AGM.



Another issue that faced us is the loss of one of our Laurel Clubs. The Thursday Club has had to amalgamate with the Tuesday Club due to age and declining numbers of widows attending. This now leaves us with two strong clubs. That is, Tuesday Laurel Club at Fremantle and the Thursday Laurel Club in Rockingham with both clubs now having around 39 members. The Rockingham Club has had to change premises due to the number of members increasing over the past few months. They will be moving to the Safety Bay Bowling Club. It was just not safe where they were with so many members in such a tiny hall.

One of our staff has had to stand down from working in the office for now due to family reasons. Nola has been an icon in the office and with Jan, our other office staff member, has done a sterling job over the years. Nola will be able to do some work when required on a part time basis. Jan has taken on both roles for now and is doing fine. Jan's daughter Simone also comes in on a part time basis and helps in the office. Thank you, Simone.

Over the past 12 months I have increased the involvement of myself and other Legatees in functions in and around Fremantle and Perth to raise the profile of the Club. My first official function was our annual Cocktail party last year and the next major function was the Sundowner with Major-General John Cantwell AO DSC (retired) who spoke on PTSD. The night was a success and an off shoot of that is the planned breakfast in November to get more business people

in Fremantle involved with Legacy. Also as a Club, we attended two DVA information nights to get our message out to the veteran community. I would like to thank Legatees Ridgwell, Funnell and Gray for helping on the nights. The first badge collection day was held in April where Fremantle collected over \$3000.00. Well done to everybody that collected. We have another chance in September to do as well or even better.

The last year for me has been a busy one and if it was not for the support of the Board I don't think I would have been able to do half of what I have done, so thank you all. Also, I would like to thank the Legatees for their support over the past year. It's been a pleasure to hold the meetings and work with you all. I would also like to thank Perth Legacy for their support throughout the year. Finally, I would like to thank my wife Heather for if it was not for her support in the back ground, even though she worked and we have had some family problems, I would not have been able to contribute to the Fremantle Legacy Club over the past year as your President. The last year is only a small fraction of what we have to do. The next few years should be a great time for our Club and a very interesting journey, so I call on all Legatees, family and friends to join me in the new upcoming year for Fremantle Legacy.

**Fremantle President
Legatee Mark Stevens**

Legacy on Geographe, Busselton

Widow's Holiday Reservations 2014

"Legacy on Geographe" 2014 holidays are available for booking. Please complete the application form (page 10) and send to Legacy on Geographe one month before the commencement of the holiday date. Applications received after this date will be allocated the next available holiday date. Transwa order or South West Coach Lines luggage labels will be posted to you about two weeks before the holiday. Any unsuccessful applicants will be advised as soon as possible.

5 - 20 July	School Holidays with SAS Father and Child Camps
27 September - 12 October	School Holidays
27 September - 5 October	Legacy Family Camp
17 - 28 October	Madge Haworth and Gae Donaldson (Post WWII Ladies)
31 October - 12 November	Barbara Kellor
Ladies Liason Meeting at Legacy House Perth • 11am Tuesday 22 July, followed by Luncheon with the President	

These holidays are subject to the numbers attending. Some holidays may have to be combined if insufficient applications are received.

Ladies who have applied for 2014 holiday accommodation please note that the South West Coach Lines timetables have changed with effect from 07.08.2012. Please refer to the application form for to-and-fro times of travel.



Widows Information Sheet

Legacy on Geographe, Busselton

All Legacy widows are invited to enjoy twelve days of relaxation, recreation and friendship at Legacy on Geographe, Busselton (LOG) which is situated in a natural bushland setting beside the beautiful beach of Geographe Bay, about ten kilometres from the centre of Busselton and approximately 235 kilometres south of Perth.

Accommodation

There are two brick accommodation buildings: The 'Francis' which has 23 beds in eleven rooms and the 'Lamb' that has 22 beds in eleven rooms. Coffee and tea are available at all times in both accommodation areas.

This offers pleasant holidays on a share basis with toilet and shower facilities close to the rooms. Recreational facilities include a pleasant lounge with fireplace, TV and piano as well as a separate TV room for use when ladies in the lounge are playing board games or engaged in other pursuits.

Applications

Applications for a holiday are advertised in the Legacy WA Newsletter which is published quarterly. Any Interstate Widow/s wishing to attend or perhaps seeking more information please contact Perth Legacy on 9486 4900 or the Legacy Camp on 9755 4530. Renaye, the caretaker, can be contacted on 0457 193 244.

It is important that ladies are able to care for themselves within the camp setting. Legacy ladies are welcome to bring a carer, and you must indicate on your application that you are going to bring a carer who will be accommodated free of charge as she is there to care for you. If this person is a companion only then

she will attend at her expense with the expectation of a reasonable donation. Legacy ladies are welcome to apply for more than one camp. You don't have to stay for the whole camp. All you have to do is just to write down your wishes clearly on your application form.

Silver Chain can attend camp if you make the necessary arrangements in advance through your provider.

Gofers are available at the camp for ladies who have them at home and also walkers for those who need them. If ladies require the use of a commode during their stay please indicate this on your application and you must also indicate that you require a room on your own. This also applies to ladies using machines for breathing during the night.

Transportation

Travel will be direct from Perth by South West Coach Lines. For our country ladies, Legacy provides Transwa bus/train tickets to and from Perth. If travelling by car, the owner of the car will be reimbursed, on request, the equivalent amount of the Pensioner Concession bus fare on public transport from your place of residence to Busselton. This payment will not be automatic, but will be paid on written application following completion of the Widow's holiday.

Early Bus Arrangements

Please indicate on your application if you would prefer to depart LOG on the early bus on your day of departure – it leaves from the Busselton depot at 7.40am and arrives at the Perth Bus Port at 10.45am. The Caretaker will take you and your luggage to the Busselton Bus Port to catch your bus to Perth.

Organisation

Ladies are encouraged to form small groups among themselves to help streamline their stay - for example, to share with ladies at your table (four to a table) to facilitate the purchase of food, the rostering of kitchen and dining room duties and any other activities which lend themselves to group organisation. A shopping trip is arranged with the Manager at mutually acceptable times to take ladies into Busselton. The local bus service passes the front gate and the timetable is on the notice board. Ladies may catch the bus to Busselton or Dunsborough.

Basic commodities such as tea, coffee, milk, sugar, salt and pepper are provided by Legacy. All other food requirements are the responsibility of the ladies. Legacy will be providing bread, butter, and some sandwich filling for lunch on the day of arrival. The evening meal will be at Broadwater Food Hall or take-away fish 'n' chips. There will be cereal and so forth for breakfast on the first morning.

All other food requirements are your own responsibility. Ample refrigeration is available. Thereafter, the Liaison Officer advises how shopping trips to Busselton can be arranged. It is worth noting, however, that ladies eat out on occasions: the first Saturday have lunch in town, a BBQ and lunch at the Senior Citizens Club on the second Friday after arrival. Also, if ladies go on a day trip with a local tour company this includes lunch. So take these things into consideration when planning your menu for your camp stay.

Tea towels, sheets, pillowcases, towels, blankets and pillows are supplied. There is no charge for this service. A well set up kitchen with ample refrigeration and a large cool room can support 45 persons at a time with their cooking needs whilst on holidays. Cutlery, crockery and cooking utensils are also provided.

For Your Safety

Electric blankets are not permitted. Smoking is not permitted within any of the buildings on the property and within five metres of any building.

Ross River Virus Alert

As there is no vaccine that protects against the Ross River virus, using personal protective measures to prevent being bitten by an infected mosquito remains the only means to reduce the risk of exposure. Mosquitoes are usually most active up to one to three hours after sunset and again around dawn.

Personal measures to avoid mosquitoes

- Wear clothing that reduces the amount of exposed skin.
- When outside wear loose fitting, light coloured clothing that covers your arms and legs. (note: dark colours attract mosquitoes).
- Apply repellent sparingly and only to exposed skin. (Avoid high concentration products.)
- Never use repellents on wounds or irritated skin.



APPLICATION TO ATTEND "LEGACY ON GEOGRAPHE" BUSSELTON 2014

Please complete and return to Legacy on Geographe Busselton, 128 Caves Road, SIESTA PARK WA 6280

Holiday Accommodation No. _____ From _____ To _____

Surname _____ First names _____ Known as _____

Address _____

_____ Post Code _____

Telephone No _____ Mobile No _____

Next of Kin Name _____ Telephone no _____

Address _____

_____ Post Code _____

Name of Family Doctor _____ Telephone No _____

PLEASE INDICATE METHOD OF TRAVEL

Private Transport Vehicle Registration No _____

South West Coachlines

Morning Route (0730by)

AfternoonRoute (1330by)

DEPARTURE POINTS

Perth Esplanade

☐ 7.30am

☐ 1.30pm

Cockburn Central Train Station

☐ 8.30am

☐ 1.55pm

Mandurah Train Station

☐ 2.45pm

Pinjarra Road Interchange

☐ 9.15am

Bunbury

☐ 10.15am

☐ 4.20pm

Busselton Terminal

☐ 11.15am

☐ 5.20pm

Stop at

holiday facility

holiday facility

RETURN TRIP

B740

B100

Busselton Terminal-Perth Esplanade

☐ 7.40am-10.45am

☐ 1.00pm-5.45pm

* Express (limited stops): Capel/Condello's/Bunbury Forum

D100

Eaton Fair/Australind/Pinjarrah Rd Interchange/Perth Esplanade

☐ 1.25pm-5.20pm

TransWA Public Transport (Country Only - Return Ticket to Perth) ☐

Pension Reference No. _____

PLEASE ADVISE IF YOU

Require a commode, walker or gofer for use during the holiday? ☐ Commode ☐ Walker ☐ Gofer

Remarks _____

Signature _____



Annual Legacy Raffle

With this edition of the Newsletter, you will find a book of 5 raffle tickets and a Legacy reply paid envelope. We hope you decide to buy the tickets and wish you good luck!

Please note that you can pay for your raffle tickets (\$10) in the following ways:

Cheque (Payable to Legacy) posted to Legacy House in the reply paid envelope with the raffle book stubs

MasterCard or **Visa card** over the telephone (T: 9486 4900) quoting your raffle book number and you will have to return the raffle book stubs to Legacy House in the reply paid envelope

Direct into the bank quoting your Raffle Book Number

Commonwealth Bank

BSB: 066124

Account: 00090041

You will have to return the raffle book stubs to Legacy House in the reply paid envelope

However you chose to pay, please **do not** remove the front cover of the raffle book. If you would like more raffle books please do not hesitate to contact Reception at Legacy House on 9486 4900.

Finding HMAS Sydney II Memorial Game Sunday 6 July 2014



Vs



We are grateful to HMAS Stirling and West Coast Eagles to be given the opportunity to tin shake outside Paterson's Stadium on Sunday 6 July from 11.30 until 1.30pm.

Are you planning on going to the game and can arrive earlier? Can you spare a couple of hours to tin shake? HMAS Stirling will provide 35 uniformed volunteers to tin shake. Can Legacy in WA match that number of volunteers? Let's do it!

Please call Reception at Legacy House on 9486 4900 or email reception@perthlegacy.com.au to volunteer. All volunteers will be briefed by email prior to Sunday 6 July 2014.



Len Hall Commemorative Football Match

Legacy WA again featured prominently in the commemorative ceremony at this year's Len Hall Commemorative Football Match at Subiaco Oval on 25 April.

During the ANZAC Observance Ceremony before the game, five Legacy Wards (brother and sister combinations Josh and Hayley Nary, and Jared and Kirstie Morrison, as well as Leisa Russell) performed the National Anthem in the centre of Subiaco Oval in front of the more than 37 000 strong crowd. Brad Scott (North Melbourne coach), himself a former Legacy ward, personally sought out the kids and introduced himself prior to the game.

The Len Hall game, Fremantle's own commemorative match, is named in honour of Western Australia's last Gallipoli veteran Len Hall (1897-1999). The 2014 Len Hall match was the 19th and honoured the veteran community from recent conflicts and peacekeeping

missions including Timor, Iraq and Afghanistan.

As part of the military theme, outside the ground, Army Museum of WA volunteers collected donations and Military Vehicles section of the Veteran Car Club displayed a number of restored military vehicles.

Legacy WA members have also featured prominently in commemorative ceremonies before previous Len Hall matches. Last year, three members of the Legacy stalwart Burrridge family, former Perth Legacy President WA John Burrridge and his two sons, including current Junior Legacy Committee member, David Burrridge, were invited to sing the National Anthem before the 2013 match.

For the record North Melbourne recorded a 13-point win over a shell-shocked Fremantle, 10.14 (74) to 8.13 (61). It was Fremantle's first loss at home in 14 matches.



Thank you Bankwest

On the 20th of May Bankwest presented Legacy WA with a cheque for \$10,000 in conjunction with the Bankwest Gallipoli Fun Run held in April.

The presentation at the Bankwest Head Office was attended by Legatees Owen Ashby and Dan Cavanagh, Marg Burrige and Eldon George.

This year's donation of \$10,000 makes it a total of \$23,000 that Legacy has received from this event in the last three years.

Special Birthday Wishes

Legacy would like to extend special birthday wishes to Mrs Gwyneth White who celebrated her 101st birthday on 11 June.

Mrs White enjoys good health and only recently gave up playing tennis. She is an example to us all.

We hope you had an enjoyable birthday, Mrs White.

Around the Laurel Clubs

Bunbury Laurel Club

Best wishes to all the Legacy Clubs and ladies,

Hope you are enjoying the rain at long last. We certainly needed it!

We have an audiologist coming to our next meeting from Australian hearing to let the ladies know about hearing and helpful aids.

We wish one of our stalwarts, Beryl Winning, a speedy recovery and hope she returns to our meetings soon.

Best wishes to you all,

**President Rosemary Ricetti and
Secretary Yvonne Keddle**



Floreat Coastal Laurel Club

2014 started off very badly for us. We arrived for our first meeting to find an art class there; however, we carried on in our usual room. With no official notice we arrived for our next meeting and were very rudely told we were not welcome. Needless to say we felt very uncomfortable and disappointed. I might add we had been meeting at the Hockey Hall every 2nd Friday morning for about 18 years. Fortunately we had planned a luncheon at the Wembley Golf Club for our third meeting. The next meeting was held under the trees at Perry Lakes. One of our members, who lives at Parklands Retirement Village, said there was a room available there (at no cost) and used by other organisations. It sounded like a wonderful solution and we have already had several meetings at the venue.

Mr. Ward and Helen came out to the Hockey Hall on Thursday 8th May and suggested we come after our meeting time, or day, when the hall would be available, but these options are not suitable for most members.

Needless to say our program has had to be altered but our Luncheon was a happy day. Thank you to our scene makers – Mary and Kay.

We are looking forward to a bus trip and other “entertainments” in our new abode.

**President
Kit Ottaway**

Kalamunda and Districts Laurel Club

Hello to all Laurel Club ladies.

Here is some news from the Kalamunda hills. We had our Annual General Meeting in May which went smoothly and easy. We elected a new secretary; Angela Waters. Thank you to Angela for taking this position. Our Vice-president is going to be Hazel Silverlock. Thank you also Hazel for taking this post. As for the past 20 years (Yes, 20 years!) Betty Coall is still our secretary. She deserves a medal I reckon! I, Catharina, am still the president. We hope to keep everybody happy and do our best.

Our monthly outings are always very popular; on the 22nd of May we started the day with a morning tea in a beautiful garden in Maida-Vale called "Romancing the stones". Well worth visiting ladies! The next stop was Guilford where we had a tour around a great

old building and cottage. Some interesting old farm kitchen and laundry tools were displayed. We had a few surprises for our guide as we told him what some gadgets were! After all we all come from those early years, don't we?

Lunch was in Morley at Sizzlers and I don't have to tell you what you can eat for very little money! Our bus driver Warrick Rankin (also our legatee) was worried and thought the bus load was considerably heavier on our way home. Yeah right!

Well that's all from us here in Kalamunda. Take care and stay warm

Catharina Krijnen
President



Menora Laurel Club

Greetings to all Laurel Club members

We have had a quiet time since our last report. Our numbers have diminished due to age and ill health. However, we still manage to enjoy our time together.

We combined with our local RSL Club and enjoyed a day's outing to Stirling Naval Base. Another outing was to Sizzlers Restaurant for lunch. We also had a visit from Cameo Loretta.

Our AGM was held on the 18th June and we had a catered lunch to follow in our meeting place at Forsyth Gardens. At this meeting, we ratified the proposal to only hold one meeting a month. This will be held on the first Wednesday of each month at 10am.

Our President, Jan McLeod, has just returned from a lovely holiday in Europe. Unfortunately, Jan arrived home on a set of crutches and is facing knee surgery. We wish her well.

On a trip on the Ghan for ANZAC Day in Alice Springs, I was delighted to meet two members from the Northern Suburbs Laurel Club and also two other Legacy widows – one from NSW and one from Victoria. I also met a Legatee from Northern Queensland. It shows how widespread Legacy is.

Best wishes to all.

Hazel Donald
Treasurer



Mandurah – Murray Laurel Club

Meetings: The 3rd Monday of the month at the Baptist Church, 270 Pinjarra Road Mandurah.

Please note time change from 1:30 to 1pm.

Hello to all members of the Legacy family. I hope that you are all going well. The club has a new President, Anne Dunlop, and we wish her the best for her time in office, whilst we thank past President Con Holmes for her time and hard work over the years.

Legatee Barb Hartney and I laid a wreath at the Pinjarra ANZAC Day service which was well attended with a big crowd at the RSL afterwards.

Congratulations to Mollie Turrell who turned 90 in March before tripping off to Phuket. Mollie does a great job sending members birthday and get well cards. Our treasurer Olga Radford also turned 90 on the 25th of April, celebrating with family and friends at home.

The club had a trip to Margaret River Silk Road where we learnt about silkworms and afterwards enjoyed lunch at Margaret River Hotel. Some of the ladies found a bead shop up from the Hotel, having more beads than you can imagine. We dragged them out

and visited the huge Farmers Market at Bunbury before heading home.

In May the club attended the Army Museum and had lunch at Rosie O'Grady's. We plan to have Christmas in July somewhere.

I spent the last month holidaying in NSW enjoying the unusually sunny weather. The club has three more bus trips coming up and luncheons on the other months. On a sad note our hardworking past President Rose Maclure passed away on the 2nd of June. Rose got the club going again after we had a break and was president for eight years.

Lila Sinclair has been very ill, having major surgery this year but sends best wishes to all her friends at Legacy and assures me she is on the mend.

All new and old widows are welcome to join us for some fellowship and don't forget that my Camp is 31st October – 12th November.

Keep well until next time,

Barbara Keillor
Secretary

Perth Friday Laurel Club

With winter knocking on our doors, we hope you all keep well and free of the usual winter ailments.

In April we took a tour to Serpentine where morning tea was enjoyed with the company of lovely birds. It was then on to Friar Tucks, past Mandurah, where we enjoyed a very nice lunch with a few of our ladies singing along with our host. Overall, it was a very pleasant day.

Easter and ANZAC days have been celebrated and our Laurel friends have arrived back from their holiday at Legacy on Geographe. Thanks to Renaye for an excellent Mother's Day Lunch.

It was much appreciated by the Mums who were away from family for that special day.

Positive and happy thoughts to all our Laurel friends and remember that a smile and a hug are a priceless gift.

Secretary
Dot Rykers



Fremantle Thursday Laurel Club joining with Tuesday Laurel Club

Fremantle Thursday Laurel Club had a luncheon at The Esplanade Hotel in Fremantle for their last get together as the Club is amalgamating with the Tuesday Laurel Club.

Thursday Laurel Club was established 47 years ago as Fremantle Legacy's first Laurel Club. As numbers increased Tuesday Club and then Wednesday Club were formed.

Due to decreasing numbers Wednesday and, now, Thursday Clubs have closed.

Tuesday Club, however, is an active Club and with the Thursday ladies joining will be a viable Club into the future.

Fremantle Legacy Receptionist
Jan Koch

Gosnells and Districts Laurel Club

Our 22nd Birthday has been celebrated with a Luncheon held at the Hall. Our A.G.M was held with no changes in the committee.

Cameo Loretta brought along their new winter fashions to display which are surely needed these colder mornings.

This year we have had a visit to the Wheelchair for Kids. What a great job they do with all their volunteer people and a very worthy cause. Also, we took a trip to Penguin Island which was enjoyed. Our trips are only every second month now but during the other months arranges local lunch places for us to meet. This is appreciated as some ladies cannot manage the bus trips but enjoy coming to the lunches.

There are some interesting things ahead at our meetings with a couple of guest speakers and usual entertainers and maybe a surprise or two! Legatee Eric Watts, even in his late 90s, still manages to attend all meetings with thanks to Jean who sees he does not get lost. Also, it is good to see Alf back to assist with any problems.

And not forgetting the ladies who come to still make it a very caring Club. They soon let me know if there is a Newsletter report missed! Thank you ladies.

Secretary
Ivy Beeson

Northern Districts Laurel Club

Meets every first and third each month at 9am at "Mildenhall" Duncraig Senior Citizens Club, Beddie Road, Duncraig

Hello Members and Legatees. I hope all of you are keeping warm.

Congratulations to Edna McQueen, Katherine (Kath) Crisp and Myrtle Hiatt on reaching the beautiful "milestone" of 90 years! We had a special Morning Tea for them. Well done Ladies - I'm sure your journey has been awesome!

We've had a very interesting last few months with speakers. Sheryl; who advised us of the causes of diabetes and relevant research and Jessica from Independent Living who amazed us with the display and information about Computers and accessories. Quite a few Members were interested in improving their understanding of this new method of communication.

In April, we visited the Millbrook Winery which was very interesting. There was time to "test the palate".

We enjoyed our trip in May to the Ravenswood Hotel with a great lunch. On our way home, Russ drove us around the "up-market" apartments. It was amazing to see how Mandurah has grown!

To our Members, Olwyn Willoughby; who is recovering from a broken ankle, and Pat Alford; from a heart attack, we miss you and wish you a speedy recovery.

Two of our dear Members have passed away; Joyce Barker and Joycelyn (Joy) Stewart. Their cheerful presence will sadly be missed.

Philomena D'Castro
President



Rockingham Laurel Club

Here we are again, in the midst of a very busy time. We seem to have been on the go since the beginning of the year, doing all sorts of things.

Firstly, though, we welcome new members; Meredith Parkin, Val Bastow, Helen Corti, Lorretta Hughes, and a potential new member Lee McIntyre.

We had a very enjoyable trip to the Old Quarantine Station at Woodman Point, which included morning tea, a bus tour around the complex and a very nice lunch. All for \$30! Earle and his wife are lovely people and we recommend this to other clubs, to find out about the early history of our State and facts hardly known to many of us.

A dozen of our members were rostered to sell Legacy Badges at both of our local Bunnings stores and a fantastic amount was raised for Legacy.

We also did some fundraising for our own club in the form of a stall at the Sunday Rotary Market at Rockingham Beach. We started at 5am and kept going until midday, raising approximately \$600, which swelled our funds nicely and disposed of lots of unwanted items as well. Thanks go to Pauline, Eleanor, Beryl, Barbara, Glad and her friend Cynthia.

We had the annual Easter Hat Parade. Winners were Estelle, Dot Sofield and Eve.

Our President organised a visit to Parliament House in Perth, which included a tour of the buildings after we had been entertained to morning tea by our local member Mark McGowan, who actually poured our tea and coffee for us personally. We all enjoyed the morning and finished with lunch at Sizzlers.

We had a 'Show and Tell' morning and two ladies come from 'Tales from Time Past', both of which were quite entertaining. One of our two Bring and Buy sales for the year netted a nice sum to add to our funds as well.

We have a new venue for our Fashion Shows and Birthday and Christmas parties. We now hold these functions at the Safety Bay Bowling Club, which is a great place. We have a lot more room and only last week we held the first of our Fashion Shows for this year and entertained some ladies from the Fremantle club, as well as a group from Weight Watchers and members and friends from our own club. We all had a very enjoyable morning and once again the Fremantle ladies went off with some great raffle prizes.

As we have done on previously, we donated the sum of the money usually used for a floral tribute on ANZAC day to the Rockingham Branch of Silver Chain. We all agreed that the money could be well used by this great group of people as our tribute to the fallen servicemen and women of our country. LEST WE FORGET.

We have a lot of things organized for the coming months to look forward to. We have had a few members with health problems lately but I guess that is to be expected considering our advancing years.

So I close, once again, hoping that all Laurels members stay safe, fit and healthy.

Barbara Ayling
Secretary



Rockingham Laurel Club with Bunnings staff on badge collection day at Port Kennedy Bunnings

Indonesian Betrayal

Legatee Veronica Scott has written a self-published novel entitled “Indonesian Betrayal”.

Copies are available for sale at Legacy House reception for \$15 each. Well done Veronica!

Legal Affairs

Do you have a current Will?

Have you provided for children, grandchildren or stepchildren?

Have you had your Will reviewed in the last 5 years?

Do you have a current Enduring Power of Attorney?

Do you have a current Enduring Power of Guardianship?

If you answer “no” to any of these questions, you should consider making an appointment to discuss the matter with our duty Solicitor. Please call Liz at Legacy on 9486 4900 for more information.



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Manage your Health

People seeking health care in Australia can now register for a personally controlled electronic health (eHealth) record.

Registering for an eHealth record will help you take control of your health and your health information.

A personally controlled eHealth record is a secure online summary of your health information. You control what goes into it, and who is allowed to access it.

As the system grows it will also give the doctors, nurses and other healthcare professionals involved in your care the information they need to make the best decisions about your health needs.

To apply for your own record:

Phone 1800 723 473 OR Visit a Medicare Service Centre
OR To register online for an eHealth record, visit www.ehealth.gov.au



Pigeon Race for Legacy 26 July 2014

From: Galena Bridge

Cost: Loft entry \$30

- Up to a max of 10 birds per flyer may be entered
- PRF Pools are applicable
- Birds entered will be part of your main race team
- Results will be announced at the Rhein Donav Club on the 17 August 2014
- Winner will receive the Perpetual Trophy and a trophy to keep
- Guaranteed \$2000 prize money



Your Contact Details

Please let Legacy know if any of your contact details change or you have added to them – for example you might have acquired a mobile phone or an internet address.

Just send the form below to Perth Legacy either by post or email or advise the office on Freecall 1800 534 229.

To: Perth Legacy, PO Box 1983, West Perth WA 6872 or Email: legacy@perthlegacy.com.au

Change Of Address Notification

Name: _____ Telephone: _____

Mobile phone: _____ Email: _____

Current or New Address: _____

_____ Post Code: _____

Previous Address/ other contact details: _____

Change of Next of Kin Details:

Name: _____ Telephone: _____

Relationship: _____

Mobile phone: _____ Email: _____

Address: _____

_____ Post Code: _____

This Newsletter provides information on a range of services for the benefit of our members.

Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services.

A decision to proceed is entirely at the discretion of the individual.



Contributions for the Spring Newsletter are due on 1 September 2014.
Thank you to all contributors.